

Board Review Program Jan 27th-July 7th, 2023

(Lectures are 12:00-3:00PM EST / 8:00-11:00PM Mecca Time)

Date	Time		Title
Trauma 1/27/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Basic Science, Mechanics
	12:30-1:00PM	Lecture 2 & Case Discussion	Multitrauma patients
	1:00-1:30PM	Lecture 3 & Case Discussion	Open Fracture and Compartment Syndrome
	1:30-2:00PM	Lecture 4 & Case Discussion	Acetabular Fractures, Evaluation
	2:00-2:30PM	Lecture 5 & Case Discussion	Acetabular Fractures, management 1
	2:30-3:00PM	Lecture 6 & Case Discussion	Acetabular Fractures, management 2
Trauma 2/3/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Pelvic Injuries: Eval & Radiography
	12:30-1:00PM	Lecture 8 & Case Discussion	Patterns of Pelvic injuries
	1:00-1:30PM	Lecture 9 & Case Discussion	Hip and Femur Injuries
	1:30-2:00PM	Lecture 10 & Case Discussion	Knee and Tibia injuries
	2:00-2:30PM	Lecture 11 & Case Discussion	Pilon Fractures + syndesmotic injuries
	2:30-3:00PM	Lecture 12 & Case Discussion	Frequently Asked Questions
Trauma 2/10/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Shoulder and Humerus fractures
	12:30-1:00PM	Lecture 14 & Case Discussion	Upper Extremity: Forearm fractures
	1:00-1:30PM	Lecture 15 & Case Discussion	Soft Tissue Coverage
	1:30-2:00PM	Lecture 16 & Case Discussion	Non-Union: Treatment principles
	2:00-2:30PM	Lecture 17 & Case Discussion	Periprosthetic Fractures
	2:30-3:00PM	Lecture 18 & Case Discussion	Frequently Asked Questions
F&A 2/17/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Foot and Ankle Gait Cycle and Analysis and Biomechanics
	12:30-1:00PM	Lecture 2 & Case Discussion	Foot and Ankle Anatomy and Biomechanics
	1:00-1:30PM	Lecture 3 & Case Discussion	Pilon Fractures + syndesmotic injuries
	1:30-2:00PM	Lecture 4 & Case Discussion	Ankle Fractures, Talus Fractures
	2:00-2:30PM	Lecture 5 & Case Discussion	Frequently Asked Questions
	2:30-3:00PM	Lecture 6 & Case Discussion	Frequently Asked Questions
F&A 2/24/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Subtalar Dislocations, Calcaneus Fx,
	12:30-1:00PM	Lecture 8 & Case Discussion	TMT Injuries: Lisfranc, lateral column injuries
	1:00-1:30PM	Lecture 9 & Case Discussion	Frequently Asked Questions
	1:30-2:00PM	Lecture 10 & Case Discussion	Arthritis: Ankle
	2:00-2:30PM	Lecture 11 & Case Discussion	Arthritis: Hindfoot, Traumatic, RA, NM, etc..
	2:30-3:00PM	Lecture 12 & Case Discussion	Arthritis Forefoot
F&A 3/3/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Diabetic Foot
	12:30-1:00PM	Lecture 14 & Case Discussion	Neurological Foot, Nerve entrapment
	1:00-1:30PM	Lecture 15 & Case Discussion	Neurological Foot: CMT etc..
	1:30-2:00PM	Lecture 16 & Case Discussion	Toe Deformities 1
	2:00-2:30PM	Lecture 17 & Case Discussion	Toe Deformities 2
	2:30-3:00PM	Lecture 18 & Case Discussion	Frequently asked Questions
TJA 3/10/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Joint Arthroplasty: Basic Science
	12:30-1:00PM	Lecture 2 & Case Discussion	Joint Arthroplasty: Design principles, Small Particles,
	1:00-1:30PM	Lecture 3 & Case Discussion	TKA, Indications, radiography
	1:30-2:00PM	Lecture 4 & Case Discussion	TKA: Technical pearls, balancing
	2:00-2:30PM	Lecture 5 & Case Discussion	Revision TKA 1
	2:30-3:00PM	Lecture 6 & Case Discussion	Revision TKA 2
TJA 3/17/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Hip Anatomy, Radiology
	12:30-1:00PM	Lecture 8 & Case Discussion	Hip Mechanics, Surgical Approaches
	1:00-1:30PM	Lecture 9 & Case Discussion	THA: Bearing surfaces, Prosthetic considerations
	1:30-2:00PM	Lecture 10 & Case Discussion	Evaluation of Bone Loss
	2:00-2:30PM	Lecture 11 & Case Discussion	Revision THA: Reasons
	2:30-3:00PM	Lecture 12 & Case Discussion	Revision THA: Technical pearls

TJA 3/24/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Uni TKA: Indications, Technical
	12:30-1:00PM	Lecture 14 & Case Discussion	TKA Periprosthetic Fractures
	1:00-1:30PM	Lecture 15 & Case Discussion	Total Joint Infection: Evaluation and W/U
	1:30-2:00PM	Lecture 16 & Case Discussion	Total Joint Infection: treatment principles and surgical pearls
	2:00-2:30PM	Lecture 17 & Case Discussion	THA: Periprosthetic Fractures
	2:30-3:00PM	Lecture 18 & Case Discussion	Frequently Asked Questions
Spine 4/1/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Spinal Anatomy & Mechanics
	12:30-1:00PM	Lecture 2 & Case Discussion	Spinal Mechanics & Instrumentation
	1:00-1:30PM	Lecture 3 & Case Discussion	Cervical Trauma 1
	1:30-2:00PM	Lecture 4 & Case Discussion	Cervical Trauma 2
	2:00-2:30PM	Lecture 5 & Case Discussion	Cervical Degen. 1
	2:30-3:00PM	Lecture 6 & Case Discussion	Cervical Degen 2
Spine 4/15/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Thoracolumbar trauma
	12:30-1:00PM	Lecture 8 & Case Discussion	Lumbar Degenerative.
	1:00-1:30PM	Lecture 9 & Case Discussion	Spinal Cord Injury 1
	1:30-2:00PM	Lecture 10 & Case Discussion	Spinal Cord Injury 2
	2:00-2:30PM	Lecture 11 & Case Discussion	Spinal Infections
	2:30-3:00PM	Lecture 12 & Case Discussion	Adult Deformity
Spine 4/29/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Spinal Primary Tumors 1
	12:30-1:00PM	Lecture 14 & Case Discussion	Spinal Primary Tumors 1
	1:00-1:30PM	Lecture 15 & Case Discussion	Spinal Metastatic Disease
	1:30-2:00PM	Lecture 16 & Case Discussion	Adjacent Segment Disease
	2:00-2:30PM	Lecture 17 & Case Discussion	High Yield Spine Review
	2:30-3:00PM	Lecture 18 & Case Discussion	High Yield Spine Review
Upper Ext 3/31/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Shoulder Girdle Anatomy, AC, Clavicle injuries
	12:30-1:00PM	Lecture 2 & Case Discussion	Brachial Plexus, Nerve entrapment
	1:00-1:30PM	Lecture 3 & Case Discussion	Shoulder Clinical, Anatomy, Biomechanics
	1:30-2:00PM	Lecture 4 & Case Discussion	Shoulder Impingement
	2:00-2:30PM	Lecture 5 & Case Discussion	Shoulder Instability 1
	2:30-3:00PM	Lecture 6 & Case Discussion	Shoulder Instability 2
Upper Ext 04/14/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Arthroscopic & Radiographic pearls
	12:30-1:00PM	Lecture 8 & Case Discussion	Shoulder replacement
	1:00-1:30PM	Lecture 9 & Case Discussion	Elbow Anatomy, mechanics
	1:30-2:00PM	Lecture 10 & Case Discussion	Elbow injuries, arthritis, etc...
	2:00-2:30PM	Lecture 11 & Case Discussion	Hand Anatomy 1
	2:30-3:00PM	Lecture 12 & Case Discussion	Hand Anatomy 2
Upper Ext 04/28/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Hand Tendon Injuries, Tendinopathies 2
	12:30-1:00PM	Lecture 14 & Case Discussion	Hand Tendon Injuries, Tendinopathies 2
	1:00-1:30PM	Lecture 15 & Case Discussion	Nerve Compression Neuropathies
	1:30-2:00PM	Lecture 16 & Case Discussion	Fingertip injuries, Micro 1
	2:00-2:30PM	Lecture 17 & Case Discussion	Fingertip Injuries, Micro 2
	2:30-3:00PM	Lecture 18 & Case Discussion	Hand Infections
Upper Ext 5/5/2023	12:00-12:30PM	Lecture 19 & Case Discussion	Hand and Wrist Instability 1
	12:30-1:00PM	Lecture 20 & Case Discussion	Hand and Wrist Instability 2
	1:00-1:30PM	Lecture 21 & Case Discussion	Hand Arthritis
	1:30-2:00PM	Lecture 22 & Case Discussion	Hand and Wrist Fractures
	2:00-2:30PM	Lecture 23 & Case Discussion	Hand Transfers and Congenital
	2:30-3:00PM	Lecture 24 & Case Discussion	Hand MCQs
Sports 5/12/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Basic Science
	12:30-1:00PM	Lecture 2 & Case Discussion	Athletes Health: Cardiac, DM, etc...
	1:00-1:30PM	Lecture 3 & Case Discussion	Athletes Health: Stingers, concussion etc..
	1:30-2:00PM	Lecture 4 & Case Discussion	Knee Ligaments injuries 1
	2:00-2:30PM	Lecture 5 & Case Discussion	Knee Ligaments injuries 2
	2:30-3:00PM	Lecture 6 & Case Discussion	Meniscal Injuries

Sports 5/19/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Malalignment & Extensor Mechanism
	12:30-1:00PM	Lecture 8 & Case Discussion	
	1:00-1:30PM	Lecture 9 & Case Discussion	Knee Overuse syndromes
	1:30-2:00PM	Lecture 10 & Case Discussion	Hip & Knee athletic injuries
	2:00-2:30PM	Lecture 11 & Case Discussion	Arthroscopic and Radiographic Pearls
	2:30-3:00PM	Lecture 12 & Case Discussion	Frequently asked Questions
Systemic 5/26/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Ankylosing spondylitis
	12:30-1:00PM	Lecture 2 & Case Discussion	Osteoporosis
	1:00-1:30PM	Lecture 3 & Case Discussion	Osteomyelitis
	1:30-2:00PM	Lecture 4 & Case Discussion	Rheumatoid arthritis
	2:00-2:30PM	Lecture 5 & Case Discussion	How to study for your exam
	2:30-3:00PM	Lecture 6 & Case Discussion	Best skills to take the oral exam
Pathology 6/2/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Tumor Biology, Basic Science
	12:30-1:00PM	Lecture 2 & Case Discussion	Diagnostic tools: Basic Science
	1:00-1:30PM	Lecture 3 & Case Discussion	Solitary Bone Lesions, evaluation
	1:30-2:00PM	Lecture 4 & Case Discussion	Multiple Bone Lesions Evaluation
	2:00-2:30PM	Lecture 5 & Case Discussion	Soft Tissue Tumors 1
	2:30-3:00PM	Lecture 6 & Case Discussion	Soft Tissue Tumors 2
Pathology 6/9/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Soft Tissue Tumors 3
	12:30-1:00PM	Lecture 8 & Case Discussion	Enchondroma, Bone Infarct, Bone Island
	1:00-1:30PM	Lecture 9 & Case Discussion	Destructive lesion: Osteosarcoma 1
	1:30-2:00PM	Lecture 10 & Case Discussion	Destructive lesions: Osteosarcoma 2
	2:00-2:30PM	Lecture 11 & Case Discussion	Destructive lesions: Ewing, etc..
	2:30-3:00PM	Lecture 12 & Case Discussion	Langerhans Cell Granulomatosis, Round cell
Pathology 6/16/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Chondrosarcoma, Rabdosarcoma
	12:30-1:00PM	Lecture 14 & Case Discussion	Fibrous Histiocytoma
	1:00-1:30PM	Lecture 15 & Case Discussion	Paget Disease
	1:30-2:00PM	Lecture 16 & Case Discussion	Hyperparathyroid
	2:00-2:30PM	Lecture 17 & Case Discussion	Metastatic disease. Evaluation, W/U
	2:30-3:00PM	Lecture 18 & Case Discussion	Frequently asked Questions
Pediatric 6/23/2023	12:00-12:30PM	Lecture 1 & Case Discussion	Skeletal and Limb Development
	12:30-1:00PM	Lecture 2 & Case Discussion	Genetics and Inheritance disorders
	1:00-1:30PM	Lecture 3 & Case Discussion	Pediatric Hip 1
	1:30-2:00PM	Lecture 4 & Case Discussion	Pediatric Hip 2
	2:00-2:30PM	Lecture 5 & Case Discussion	Lower Extremity, LLD, Deformity
	2:30-3:00PM	Lecture 6 & Case Discussion	Lower Extremity, Congenital limb defect, knee disorders
Pediatric 6/30/2023	12:00-12:30PM	Lecture 7 & Case Discussion	Neuromuscular Diseases 1
	12:30-1:00PM	Lecture 8 & Case Discussion	Neuromuscular Diseases 2
	1:00-1:30PM	Lecture 9 & Case Discussion	Neuromuscular Diseases 3
	1:30-2:00PM	Lecture 10 & Case Discussion	Upper Extremity injuries
	2:00-2:30PM	Lecture 11 & Case Discussion	Upper Extremity injuries
	2:30-3:00PM	Lecture 12 & Case Discussion	Lower Extremity injuries
Pediatric 7/7/2023	12:00-12:30PM	Lecture 13 & Case Discussion	Upper Ext Embryology
	12:30-1:00PM	Lecture 14 & Case Discussion	Upper Extremity Congenital Deformities
	1:00-1:30PM	Lecture 15 & Case Discussion	Pediatric Spinal Deformities: Evaluation
	1:30-2:00PM	Lecture 16 & Case Discussion	Pediatric Spinal congenital Deformities
	2:00-2:30PM	Lecture 17 & Case Discussion	Pediatric Adolescent, Idiopathic deformities
	2:30-3:00PM	Lecture 18 & Case Discussion	Review & Frequently asked questions